

Crocker/Riverside Elementary School



Parent Newsletter

Dear Parents/Guardians,

The following information is for your calendar and planning:



Halloween Costume Day

Tuesday, October 31, 2017

Students who want to wear their Halloween costume to school may do so on this day. (Just an FYI, wear your costume to school at your own risk; the school and staff are not responsible for any lost/damaged costumes. **NO makeup, masks or weapons allowed!!** Students must be able to get in and out of their costume to use the bathroom by themselves and participate in P.E.!)



PTO Jog-A-Thon Fundraiser

Friday, November 3, 2017



The 13th Annual Crocker/Riverside Jog-A-Thon is Friday, November 3rd. Every dollar raised will go towards Art and Music Programs. This is a great activity for building school spirit and a fun event for all students. The students will collect pledges based on a flat donation or per lap. ***No amount is too small.*** The location will be around the 1/8-mile soccer field. The students will walk/jog/run as many laps as they want in their allotted time. All students will receive a special T-shirt, regardless of pledges, thanks to our sponsors. The PTO will provide water, fruit and bagels as snacks during the event. On Friday, November 3rd all students should wear comfortable clothes and proper shoes for the jog-a-thon.

Our goal this year is \$30,000! Thanks for your support!

We need parent volunteers! If you are able to volunteer for this fun event please sign-up on our school website www.crockerriverside.org by scrolling down to Jog-A-Thon – Volunteers Needed and follow the direction or e-mail Ellen Moore at ellennicolemoore@gmail.com.

School Site Council Meeting

Thursday, November 2, 2017

4:00 p.m. School Library



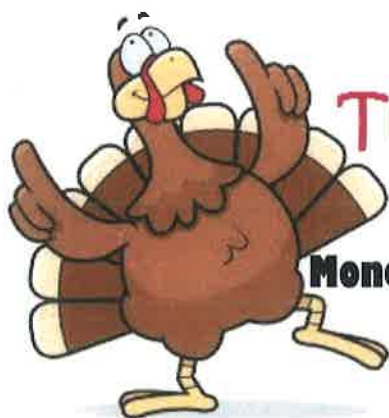
We will be having our School Site Council Meeting on the above date. This is an open meeting and everyone is welcome to attend.



Veteran's Day Holiday

Friday, November 10, 2017

NO SCHOOL



Thanksgiving Break

No School

Monday, November 20th thru Friday, November 24, 2017



Happy Thanksgiving to all our families.



Make-up Picture Day & Re-takes

Thursday, November 30, 2017

FREE DRESS DAY

Excel Photographers will be here on this day to take make-up pictures for any new students and students who did not have their photo taken during picture day on October 11, 2017. If you do not like the way your pictures turned out from the first picture day you can bring them back on this day and have your photo re-taken. We should be receiving our October pictures before the Thanksgiving Break.



Scholastic Book Fair Week

Monday, December 4th – Friday, December 8, 2017

Mark your calendars, the Scholastic Book Fair will be here soon and we need lots of fingerprinted volunteers to make this event successful! Please go to our school web page www.crockerriverside.org if you can volunteer some time at our school Book Fair. Thank you.

REMINDER

Thursdays are early out days for students

 AM Kindergarten 9:00 am - 12:20 pm (M-F)

 PM Kindergarten 11:40 am – 2:12 pm Thursdays

 Grades 1-3 9:00 am 2:02 pm Thursdays

 Grades 4-6 9:00 am – 2:12 pm Thursdays



- The parking lot is for STAFF ONLY!!
- Do not drive, bike or walk through the parking lot.
- Walk on sidewalks *not* through the parking lot.
- Use the crosswalk. **DO NOT jaywalk.**
- Drop and Go zone in front of school. **Keep moving!**
No parked cars: you can be ticketed.
- **Please be courteous to our neighbor's. Don't block driveways or move their garbage cans, find another place to park!!**
- Red zone for school buses only!



Thank you for setting a good example for all our students by being considerate and thoughtful of others and keeping our neighborhood and school safe for everyone.

Dogs On Campus



Here at Crocker/Riverside we have many staff members and families that are dog lovers. We love our dogs and many of us treat them like children. However, the district has a NO ANIMAL POLICY on school grounds except for service dogs. **Please do not bring your dog(s) on school grounds.** Thank you for your understanding and cooperation in this matter.



School Lunch Menus



The lunch menu can be found on our school webpage www.crockerriverside.org. You can also go to the District's website at www.scusd.edu. Look under Resources for Parents click on *School Menus* and scroll down to elementary.

FREE Breakfast Program

New to SCUSD this year is a FREE Breakfast Program for all students. Our school cafeteria serves FREE breakfast every morning starting at 8:15 a.m. You do not need to sign your student up for the program, just send your student to the cafeteria to eat a healthy breakfast to get a good jump on the start of their day!



Absence Recording Line
916-395-4535, press 1



If your child has a fever (100 degrees or higher), please keep them at home. No one should return to school until they have had **no fever for 24 hours without the use of a fever-reducing medicine**, even if they feel better. Thank you.



A mandatory school uniform policy is in effect at Crocker/Riverside.



The appropriate dress for school consists of:

- dark blue bottoms (navy blue); pants, shorts, skirts, skorts, jumpers, leggings
- solid white, red or navy blue shirts
- Crocker/Riverside School Uniform Spirit Wear

Clothes not appropriate for school:

- clothing with flowers, stripes, manufacturers' logo or insignia
- bare midriffs, tank tops, tube tops, spaghetti strap tops, see-through tops
- long dangling earrings
- short shorts, bicycle shorts, skin-tight shorts, sagging of pants
- **All shorts must be fingertip length.** Shorts must be hemmed, no cut-offs
- No flip-flop shoes



Crocker/Riverside 2017-2018 School Calendar of Events

Please check the school web page for updates at www.crockerriverside.org.

Gratitude

SEL Resource for Families

SEL Core Competencies:
Self Management & Growth
Mindset

what is Gratitude?

You notice and are thankful for the people and things in your life and that you are ready and willing to return kindness to people and things in your life.

Why is it not always easy to be optimistic?

Appreciation
is a
wonderful
thing. It
makes what
is excellent in
others belong
to us as well.”

— Voltaire

Gratitude and optimism share a similar connection to the brain. As we learned in September, our brains are wired to be more sensitive to negative experiences. As a result, it is harder for us to stop and take notice of people, things, or experiences that we are grateful for. Recent studies show that practicing gratitude can increase happiness by 25%.

What does this mean?

Find time everyday to focus on what you are grateful for.

Online Resources:

- <http://parenttoolkit.com>
- <https://characterlab.org>
- <http://www.today.com/news/get-grateful-20-ways-teach-kids-gratitude-tots-teens-1D80297963>

Let's practice gratitude everywhere!
what can you do at home?

- Spend time every night sharing moments during the day you are thankful for.
- with your child, brainstorm people in his/her life that they are thankful for and think of ways they can express it (writing notes of gratitude, clearing the dinner table, offering to help complete a task or chore, etc)

Coming Next Month:
Perseverance

We Are. We Belong. We Can.