

Crocker/Riverside Elementary School



Parent Newsletter

Dear Parents/Guardians,

Wishing you and your family a new year of peace, prosperity and wellness. The following information is for your January calendar and planning.

MARTIN
LUTHER
KING JR.
Day



Dr. Martin Luther King Jr. Day

NO SCHOOL

Monday, January 15, 2018



2018/2019 Kindergarten Registration

Tuesday, January 16th – Tuesday, January 30, 2018

(For more info. go to www.crockerriverside.org)



Kindergarten Tours

February 2 & 7, 2018

9:30 am

February 5 & 15, 2018

1:30 pm

You do not need to sign-up for a kindergarten tour, just show up. We ask that you do not bring children.



Absence Recording Line

916-395-4535, press 1

If your child has a fever (100 degrees or higher), please keep them at home. No one should return to school until they have had **no fever** for 24 hours without the use of a fever-reducing medicine, even if they feel better. Thank you.

Crocker/Riverside 2017-2018 School Calendar of Events

Please check the school web page for updates at www.crockerriverside.org.

Perspective-Taking

Resource for Families

SEL Core Competencies:
Social Awareness

what is perspective-taking?

You respect diverse perspectives, cultures, and races.

“You’ll miss
the best
things if
you keep
your eyes
shut.”

-Dr. Seuss

Why is perspective-taking challenging?

On average, the prefrontal cortex, the region of the brain responsible for higher order thinking skills, is not fully developed until our mid to late 20s. Being able to interpret and understand the perspectives of others is complex and complicated. We often view and understand the actions of other through the lens of our own experiences.

In order for children to develop their ability to understand and respect the perspectives of others, children must be given multiple and diverse opportunities to activate their prefrontal cortex.

What does this mean?

Engage in daily conversations where you and your child have opportunities to discuss complex topics.

what can you do at home?

- when your child has a conflict with another student, teacher, sibling, or friend, encourage your child to consider how the other person in the situation felt.

Online Resources:

- <http://parenttoolkit.com>
- <https://characterlab.org>
- <https://www.psychologytoday.com/blog/the-parents-we-mean-be/201007/how-do-we-help-children-take-other-perspectives-conversation>

Coming Next Month:
Empathy

We Are. We Belong. We Can.